

## Passive, Aggressive, & Assertive Communication

In this activity you will decide whether the communication is passive, aggressive, or assertive. Circle the letter with the correct answer then uncover the hidden message at the bottom of the page!

1. Your friend made you upset, you yell at them and say "I don't want to play with you ever again!"

*Passive*

*Aggressive*

*Assertive*

2. Your friend tells you to go and take the new student's lunch money. You don't want them to be mad at you so you tell them okay.

*Passive*

*Aggressive*

*Assertive*

3. Your brother dares you to eat a bug. You don't want them to think you are a chicken so you do it.

*Passive*

*Aggressive*

*Assertive*

4. Your friend begs you to borrow your homework because they forgot to do it. You tell them no but that you will help them answer the questions.

*Passive*

*Aggressive*

*Assertive*

5. Your teammate missed the goal. You kick the dirt and tell them that they are not good at soccer.

*Passive*

*Aggressive*

*Assertive*

6. Your friend played a mean joke on you at recess. They thought it was funny but it hurt your feelings. You tell them how you felt with an I-Message.

*Passive*

*Aggressive*

*Assertive*